

WATERSHED

(V) - Vegetarian
(Ve) - Vegan
(GF) - Gluten Free

Midweek Breakfast

Granola V

Gluten: oats (granola)
Nuts: hazelnuts, almonds (granola)
Sulphites: raisins and apricots (granola)
Milk: yoghurt
Sesame: sesame seeds (granola)

Huevos Rancheros V

Gluten: wheat (*tortilla wrap*)
Egg: eggs (*fried eggs*)
Sulphites: red wine vinegar (*succotash*)

Breakfast Bap V

Gluten: wheat (*bun*)
Eggs: egg wash (*bun*)
Sesame: sesame seeds (*bun*)
Milk: milk (*bun*)

Toast V Ve

Gluten: wheat (*toast*)
Milk: butter (*butter*)

Bubble and Squeak GF

Watershed Baked Beans V Ve GF
Sulphites: white wine vinegar (*bean mix*)

Roasted Cherry Tomatoes V Ve GF

Linda McCartney Sausages V Ve

Jam, marmalade, honey, marmite V GF

Eggs: Scrambled Fried or Poached V GF
Eggs: eggs
Milk: butter, double cream (egg mix)

Devilled Mushrooms V GF

Mustard: wholegrain (*mushroom mix*)
Milk: double cream (*mushroom mix*)
Sulphites: tobasco (*mushrooms*)

Bacon GF

Smoked Salmon GF

Fish: smoked salmon

Black Pudding

Gluten: wheat (*black pudding*)

Light Bites

Corn Chips V Ve GF

Sesame: tahini (*hummus*)

Soup of the Day

Please check with the team on the day

Falafel, chopped salad, mixed leaves V Ve GF

Mustard: Wholegrain (*garnish*)
Sulphites: White wine vinegar (*garnish*)

Roasted beetroot, walnut and feta salad V GF

Milk: Feta (*salad*)
Sulphites: Balsamic Vinegar (*dressing*)
Nuts: Walnuts (*salad*)

Light Bites

<p>Leek and Cider Rarebit V</p> <p>Gluten: Wheat (<i>rarebit and bread</i>)</p> <p>Milk: butter, milk, cheddar (<i>rarebit</i>)</p> <p>Egg: egg yolk (<i>rarebit</i>)</p> <p>Mustard: wholegrain (<i>garnish</i>) djon (<i>rarebit</i>)</p> <p>Sulphites: White wine vinegar (<i>garnish</i>)</p>	<p>Roast harrisa butternut squash and goats cheese salad V GF</p> <p>Milk: Goats Cheese (<i>salad</i>)</p>	<p>Sweet potato, balsamic red onion, hazelnut borek V Ve</p> <p>Gluten: Wheat (<i>filo pastry</i>)</p> <p>Sulphites: Balsamic Vinegar (<i>filling</i>) White wine vinegar (<i>garnish</i>)</p> <p>Nuts: Hazelnuts and Almond (<i>filling</i>)</p> <p>Mustard: Wholegrain (<i>garnish</i>)</p>	<p>Fish Croquettes, tartare sauce, mixed leaves</p> <p>Fish: ask team on the day</p> <p>Milk: Milk and Butter (<i>Croquettes</i>) Mayonnaise (<i>tartare sauce</i>)</p> <p>Eggs: Eggs (<i>Croquettes</i>)</p> <p>Gluten: Wheat (<i>Croquettes</i>)</p> <p>Mustard: Wholegrain (<i>garnish</i>)</p> <p>Sulphites: White wine vinegar (<i>garnish</i>) capers and mayonnaise (<i>Tartare sauce</i>)</p>
<p>Braised Beef Chilli GF</p> <p>Celery: celery (<i>beef chilli</i>)</p>	<p>Lentil Chilli V Ve GF</p> <p>Celery: celery (<i>lentil chilli</i>)</p>	<p>Tart of the Day</p> <p>Please check with the team on the day</p>	

Mains

<p>Chermoula spiced Aubergine, bulgar wheat, lemon vegan yoghurt V Ve GF</p> <p>Sulphites: Sultanas and Olives (<i>Salad</i>)</p> <p>Gluten: Wheat (<i>Bulgar Wheat</i>)</p> <p>Nuts: Almonds (<i>Salad</i>)</p>	<p>Beetroot and walnut rosti V Ve GF</p> <p>Nuts: Walnuts (<i>Rosti</i>)</p>	<p>Red lentil dal, roasted cauliflower V Ve GF</p> <p>Mustard: Mustard seeds (<i>Dal</i>)</p> <p>Sulphites: White wine vinegar (<i>Roasted Cauliflower</i>)</p>	<p>Glass noodle salad V Ve GF</p> <p>Soya: Soya Sauce (<i>Salad</i>) Tamari (<i>Salad</i>)</p> <p>Sulphites: Rice Wine Vinegar, (<i>salad</i>)</p> <p>Peanut: Peanuts (<i>Salad</i>)</p> <p>Sesame: Sesame seeds (<i>Salad</i>)</p>
<p>Tomato Risotto V GF</p> <p>Celery: Veg stock (<i>risotto</i>)</p> <p>Sulphites: white cooking wine and balsamic vinegar (<i>risotto</i>)</p> <p>Milk: butter (<i>r isotto</i>)</p>	<p>Thai fishcakes, cucumber and nori salad GF</p> <p>Fish: Salmon and White Fish (<i>Please ask a member of the team on the day for exact type of fish</i>) and Fish Sauce (<i>Fishcakes</i>)</p> <p>Sesame: Sesame seeds and oil (<i>Salad</i>)</p> <p>Soya: Soya Sauce (<i>Fishcakes + Salad</i>)</p> <p>Sulphites: Rice Wine Vinegar (<i>Salad</i>)</p>	<p>Pulled Pork/Jackfruit Burrito Bowl</p> <p>Mustard: Curry powder (<i>jewelled rice</i>)</p> <p>Sulphites: Currants (<i>jewelled rice</i>) white wine vinegar, srirachia, ketchup (<i>marinade</i>) rice wine vinegar (<i>slaw</i>)</p> <p>Gluten: Wheat (<i>tortilla wrap</i>)</p> <p>Sesame: Sesame seeds (<i>slaw</i>)</p> <p>Soya: Tamari (<i>slaw</i>) Soya sauce (<i>marinade</i>)</p> <p>Celery: Ketchup (<i>marinade</i>)</p>	<p>Chicken Orvieto</p> <p>Sulphites: White wine, Olives, Chicken Stock</p> <p>Celery: Chicken Stock</p>
<p>Veggie burger V</p> <p>Sulphites: White wine vinegar (<i>garnish</i>) japalpenos (<i>burger</i>)</p> <p>Mustard: Wholegrain (<i>garnish</i>)</p> <p>Gluten: Wheat (<i>burger bun</i>)</p> <p>Egg: Eggwash (<i>burger bun</i>)</p> <p>Sesame: Sesame seeds (<i>burger bun</i>)</p> <p>Milk: Milk (<i>burger bun</i>)</p>	<p>Beef Burger and Chipotle Mayonnaise</p> <p>Gluten: wheat (<i>bun</i>)</p> <p>Eggs: egg wash (<i>bun</i>), egg (<i>chipotle mayonnaise</i>)</p> <p>Mustard: wholegrain (<i>salad dressing</i>)</p> <p>Sulphites: white wine vinegar (<i>salad dressing</i>), mayonnaise and chipotle (<i>chiptole mayonnaise</i>), vinegar (<i>pickles</i>)</p> <p>Sesame: sesame seeds (<i>bun</i>)</p> <p>Milk: Milk (<i>bun</i>)</p>	<p>Fish and Chips</p> <p>Gluten: wheat (<i>flour, batter</i>) barley (<i>lager, batter</i>)</p> <p>Sulphites: beer (<i>batter</i>), capers and mayonnaise (<i>tartare sauce</i>)</p> <p>Eggs: mayonnaise</p> <p>Fish: please check on the day</p> <p>Celery: veg stock (<i>pea puree</i>)</p> <p>Milk: butter (<i>pea puree</i>)</p>	<p>Catch of the Day</p> <p>Please check with the team on the day</p>

Good to Share

Double Cheese Nachos V GF Milk: cheese, sour cream	Pulled Jackfruit Ssam V Ve GF Soya: Soy Sauce (<i>marinade</i>) Tamari (<i>slaw</i>) Sulphites: White wine vinegar (<i>marinade</i>) Rice Vinegar (<i>slaw</i>) Sesame: Sesame seeds (<i>slaw</i>) Celery: ketchup (<i>marinade</i>)	Pulled Pork Ssam GF Soya: Soy Sauce (<i>marinade</i>) Tamari (<i>slaw</i>) Sulphites: White wine vinegar (<i>marinade</i>) Rice vinegar (<i>slaw</i>) Sesame: Sesame seeds (<i>slaw</i>) Celery: ketchup (<i>marinade</i>)	Vegan Fritto Misto GF Sesame: Sesame seeds
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Children's Menu

Chicken or Fish Goujons Gluten: wheat (<i>bread crumb</i>) Fish: please check on the day (<i>fish goujons only</i>) Eggs: egg (<i>breadcrumb</i>) Milk: milk (<i>breadcrumb</i>)	Mini Beef Burger Gluten: wheat (<i>bun</i>)	Mini Veggie Burger V Ve Gluten: wheat (<i>bun</i>) Sulphites: jalapenos (<i>burger</i>)	Pasta in Tomato sauce V Ve Gluten: wheat (<i>Pasta</i>) Celery: celery (<i>tomato sauce</i>)
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Sides

Chips V Ve GF	Mixed Leaves V Ve GF Mustard: wholegrain (<i>dressing</i>) Sulphites: white wine vinegar (<i>salad dressing</i>)	Winter slaw V Ve GF Sulphites: rice vinegar (<i>slaw</i>) Sesame: sesame seeds (<i>slaw</i>) Soya: Tamari (<i>slaw</i>)	Garlic Greens V Ve GF
Bread and Butter V Gluten: wheat (<i>bread</i>) Milk: butter (<i>butter</i>)	Succotash V Ve GF Sulphites: red wine vinegar (<i>succotash</i>)	Chopped Salad V Ve GF	Cucumber and Nori Salad V Ve GF Sesame: Sesame Oil and Seeds Soya: Soy Sauce Sulphites: Rice wine vinegar
Jewelled Rice V Ve GF Mustard: Curry powder Sulphites: Currants	Bulgar Wheat V Ve Gluten: Wheat Sulphites: Sultanas and olives Nuts: Almonds		