

# WATERSHED

(V) - Vegetarian  
(Ve) - Vegan  
(GF) - Gluten Free

## Midweek Breakfast

### Granola (V)

**Gluten:** oats  
**Nuts:** hazelnuts, almonds  
**Sulphites:** dried fruit  
**Milk:** yoghurt  
**Sesame:** sesame seeds

### On Toast

**Jam and Marmalade (V) (Ve)**  
**Gluten:** wheat (*toast*)  
**Sesame:** sesame seeds (*toast*)  
**Milk:** butter

### Devilled Mushrooms (V)

**Gluten:** wheat (*toast*)  
**Sesame:** sesame seeds (*toast*)  
**Mustard:** wholegrain (*mushroom mix*)  
**Milk:** double cream (*mushroom mix*)  
**Sulphites:** tobasco (*mushrooms*)

### Scrambled Eggs (V)

**Gluten:** wheat (*toast*)  
**Sesame:** sesame seeds (*toast*)  
**Milk:** butter, double cream (*egg mix*)  
**Eggs**

### Watershed Beans (V) (Ve)

**Gluten:** wheat (*toast*)  
**Sesame:** sesame seeds (*toast*)  
**Sulphites:** white wine vinegar, treacle (*bean mix*)

### Breakfast Bap

**Streaky bacon**  
**Gluten:** wheat (*bun*)  
**Eggs:** egg wash (*bun*)  
**Sesame:** sesame seeds (*bun*)

### Fried Eggs (V)

**Gluten:** wheat (*bun*)  
**Eggs:** eggs, egg wash (*bun*)  
**Sesame:** sesame seeds (*bun*)

### Bubble and Squeak (GF)

**Streaky Bacon Eggs**  
**Devilled Mushrooms (V) Eggs**  
**Mustard:** wholegrain (*mushroom mix*)  
**Milk:** double cream (*mushroom mix*)  
**Sulphites:** tobasco (*mushrooms*)

### Smoked Salmon

**Eggs**  
**Fish:** smoked salmon

## Weekend Breakfast

### French Toast (V)

**Gluten:** wheat (*toast*)  
**Eggs:** eggs (*toast mix*)  
**Milk:** milk, double cream, butter (*all toast mix*)

### Full English

**Gluten:** wheat (*toast and sausages*)  
**Sulphites:** baked beans  
**Milk:** double cream and butter (*scrambled eggs*), double cream (*mushrooms*)  
**Eggs**  
**Sulphites:** tobasco (*mushrooms*), white wine vinegar (*beans*)  
**Sesame:** sesame seeds (*toast*)  
**Mustard:** wholegrain (*mushrooms*)

### Vegetarian Full English (V)

**Gluten:** wheat (*toast and sausages*)  
**Milk:** double cream and butter (*scrambled eggs*), double cream (*mushrooms*)  
**Eggs**  
**Sulphites:** tobasco (*mushrooms*) white wine vinegar (*beans*)  
**Sesame:** sesame seeds (*toast*)  
**Mustard:** wholegrain (*mushrooms*)

## Light Bites

### Corn Chips (V) (Ve) (GF)

**Sesame:** tahini (*hummus*)

### Soup of the Day

**Please check with the team on the day**

### Falafel and Tahini Dressing (V) (Ve) (GF)

**Sesame:** Tahini (*tahini dressing*)  
**Mustard:** wholegrain (*salad dressing*)

### Roast Vegetable Tostada

**Sesame:** Tahini (*hummus*)  
**Mustard:** wholegrain (*salad dressing*)

## Light Bites

### Stilton and Cider

#### Rarebit (V)

**Gluten:** wheat (*toast*) wheat (*flour, rarebit mix*)

**Sesame:** sesame seeds (*toast*)

**Mustard:** djon (*rarebit mix*), wholegrain (*salad dressing*)

**Milk:** cheese, milk, butter (*all rarebit mix*)

**Egg:** Egg (*rarebit mix*)

### Tart of the Day

**Please check with the team on the day**

### Courgette, lemon and

#### almonds on Foccacia (V) (Ve) (GF)

**Nuts:** Almonds

**Mustard:** wholegrain (*salad dressing*) Djon (*Courgette Mix*)

**Gluten:** Wheat (*foccacia*)

### Salt and Pepper

#### Calamari (GF)

**Molluscs:** Squid

**Egg:** Mayonnaise (*Aioli*)

**Sulphites:** Mayonnaise (*Aioli*)

## Lunchtime Mains

### Green Shakshuka (V)

**Gluten:** wheat (*bread*)

**Sesame:** sesame seeds (*bread*)

**Eggs:** eggs

### Tomato Salad (V) (Ve) (GF)

**Nuts:** Almonds

**Sulphites:** Red Wine Vinegar

### Risotto (GF)

**Celery:** Veg Stock

**Milk:** Butter and Parmesan

### Rainbow Salad (V)

(Ve) (GF)

**Sesame:** Tahini (babaganoush) sesame seeds

### Fishcakes (GF)

**Fish:** Salmon

**Eggs:** egg (*mayonnaise*)

**Mustard:** wholegrain (*salad dressing*)

**Sulphites:** Mayonnaise

### Chicken M'hanncha

**Gluten:** Wheat (*pastry*)

**Milk:** Butter (*chicken mix*)

**Sulphites:** Raisins (*chicken mix*)

**Celery:** Veg stock (*chicken mix*)

**Mustard:** Wholegrain (*salad dressing*)

### White Bean Burger (V)

**Gluten:** wheat (*bun*)

**Mustard:** wholegrain (*salad dressing*)

**Sulphites:** sundried tomatoes (*burger*) red wine vinegar (*chutney*)

**Nuts:** Almonds (*burger*)

**Egg:** egg wash (*bun*)

**Sesame:** sesame seeds (*bun*)

### Beef Burger

**Gluten:** wheat (*bun*)

**Eggs:** mayonnaise, bun

**Mustard:** wholegrain (*salad dressing*)

**Sulphites:** vinegar (*pickles*) mayonnaise

**Sesame:** sesame seeds (*bun*)

## Mains

### Fish and Chips

**Gluten:** wheat (*flour, batter*) barley (*lager, batter*)

**Sulphites:** beer (*batter*) capers and mayonnaise (*tartare sauce*)

**Eggs:** mayonnaise

**Fish:** please check on the day

**Celery:** veg stock (*pea puree*)

**Milk:** butter (*pea puree*)

### Moussaka (GF)

**Celery:** Celery (*moussaka mix*)

**Sulphites:** Red cooking wine (*moussaka mix*)

**Milk:** Butter and Milk

(*moussaka mix*)

**Mustard:** Wholegrain (*salad dressing*)

## Good to Share

Double Cheese

Nachos (V) (GF)

Milk: cheese, sour cream

Falafel Tacos

(V) (Ve) (GF)

Celery: celeriac (*dry slaw*)

Fish Tacos

(GF)

Celery: celeriac (*dry slaw*)

Fish: please check on the day

Fish Tacos

(GF)

Celery: celeriac (*dry slaw*)

Fish: please check on the day

## Children's Menu

Chicken or Fish

Goujons

Gluten: wheat (*bread crumb*)

Fish: please check on the day  
(*fish goujons only*)

Eggs

Milk

Mini Beef Burger

Gluten: wheat (*bun*)

Eggs: Egg (*bun*)

Nuts: almonds (*burger*)

Sulphites: Sundried tomato  
(*burger*)

Mini Bean Burger (V)

Gluten: wheat (*bun*)

Eggs: Egg (*bun*)

Pasta (V)

Gluten: wheat (*pasta*)

Sulphites: balsamic vinegar  
(*pasta sauce*)

## Sides

Chips (V) (Ve) (GF)

Fried Pickles (V)

Gluten: wheat (*batter*)

Sulphur Dioxide: mayo,  
vinegar (*pickles*)

Eggs: mayo

Summer Slaw (V) (Ve)  
(GF)

Celery: celeriac

Mixed Leaves (V) (Ve)  
(GF)

Mustard: Wholegrain  
(*dressing*)