

# NO BINDINGS

*publication-podcasts*

## Call Out for Submissions

No Bindings seeks contributors for its fourth publication-podcast! No Bindings is looking for writing and artwork related to the following themes:

Navigating this City	Dignity	Inside Spaces, Outside Spaces
My House, My Home	My Value	#connected
My Voice	Join in the Fun and Games!	Feeling Well

The publication and the podcasts (sound recordings) will explore the ways in which a city is, and isn't, a place where you can grow older and be an older person.

No Bindings strongly encourages you to send in work if you are over 50 years of age. No Bindings welcomes collaborative pieces between younger people and older adults. All contributors must live in Bristol.

### Writing

- Submissions must be no more than 1000 words (prose) or 50 lines (poetry).
- Fictional work and work translated from other languages into English are encouraged!

### Artwork

- Please be aware, artwork will be printed in one colour (grayscale).

**Deadline: 5pm, 10<sup>th</sup> November 2017**

Selected contributors will be invited to take part in a relaxed interview. The recorded content of this interview will be used in the podcasts (sound) material. Selected contributors will be paid £150.00 for their written piece or artwork and their involvement in this project.

Lily Green is running this project. **If you'd just like to chat about the project before you decide to be involved, please get in touch!**

- You can email her: [lily@nobindings.co.uk](mailto:lily@nobindings.co.uk)
- You can call her: 07724182433

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## Sending in your work

No Bindings cannot take responsibility for the safe keeping of printed written work and original artwork. Please do not send handwritten work, the only hard copy of your work or original art pieces.

Writing    Type up and email the piece or post a copy of original hard copy.  
Artwork    Photograph or photocopy your work, and send by email or post.

Email:     [lily@nobindings.co.uk](mailto:lily@nobindings.co.uk)

Post:        Lily Green, c/o Pervasive Media Studio, Watershed, 1 Canon's Way, Bristol BS1 5TX

Drop-off:    If you'd like to drop off your work in person, please call Lily, 07724182433, to arrange a time.

## **Please provide the following details when you send in your work:**

Title of piece:

Medium: (e.g. "fictional essay" or "linocut on paper")

Name(s):

Age: (e.g. "over 50")

Your Location: (e.g. neighbourhood, town)

Contact Telephone Number:

Short biography:

Any online links or social media pages:

*No Bindings is a publishing project based in Bristol, UK. We produce fold ups filled with art and writing, each with a counterpart podcast. We call these **publication-podcasts**. With its malleable format, you can send it as a letter, read it as a book, and listen to it as a podcast.*

*Lily Green started and runs the project. Lily is a resident of the Pervasive Media Studio in the Watershed.*